Dear colleagues,

We are incorporating the national Music & Memory® program through the Mason Music & Memory Initiative (M3I), a completed research study through George Mason University (GMU). This program uses personalized music playlists to ease the symptoms of dementia in nursing home residents, by awakening long-held memories and create a sense of joy in persons with dementia.

To improve the success, support, and awareness of this program within the facility, the researchers ask that my colleagues who are either to be directly involved with or need to know about this program **complete a short, 30-minute online training via the Virginia Area Health Education Centers (AHEC) website through the GMU Department of Social Work**. This training will cover the following:

1. Dementia Overview
2. Person-Centered Care
3. Using Music & Memory with Residents
4. Maintaining Music & Memory Program

Note that this training is divided up into four modules, each with several short (3-7 minute) segments to complete, so you can fit in a segment whenever you have a few minutes, or you can watch it all in one sitting.

If you are willing to support this music program at [insert your facility name here] by completing this quick training, please let me know and I will send your information to the M3I team so they can register you. Once you receive the login information for the training, the M3I team asks that you complete the training within a week so that we can move forward with getting the residents their personalized music.

I’m excited to use this opportunity from GMU to bring awareness of music as treatment for dementia symptoms. The residents and I truly appreciate your support of this project.

Thank you,

[Your name]